

The Council

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**Thank you for your
Generosity to the
Southwest Missions!
Gift cards and notes
were received.**

Upcoming:

+Food collection for
Mercy House

+Winter Project for
Bergen County Shelter

+ Toys and gifts for the
Mother and Baby
shelter at Christmas



The Cord

St. Francis Fraternity
Hackensack, NJ



THURSDAY SEPTEMBER 8, 2022, at 6:30 PM.

**This Month: Welcoming of Josephine Cigna
Talk on the Gifts/Fruits of the Holy Spirit by Dawn Farkas, OFS**

→ **If we need to meet on Zoom, you will be contacted with instructions
to click on the link in an email you will receive, or to call in by phone by
dialing 646-876-9923. When they ask for the meeting ID enter 844 7503 0844
followed by #. Passcode is 440223.**

Please bring your copy of Evening Prayer to the gathering.
If necessary, call a Council member for an excused absence and pray Evening Prayer at home.

Closing Prayer: Dawn Farkas
Sweet Reminder: Diane Menditto and Natale Tumminia
Leader Evening Prayer: Mimma LoMuscio

Health and Welfare: Karen Ferrari and fam; Jim & Eileen Ferrara; Pat Franz; Harry Henky;
Rosemary LoCascio; Angie Mariniello; Anthony Vasile; Cono Spinelli & Fam.; Iris Campillo,
Laura Buda; Diane Menditto; Frank Cavallo; Alejandro Polanco; Dawn Farkas; Ron Romano

Special Intentions: F. Cavallo; Tumminia family; K. Ferrari; Pat Moclaire; D. Menditto; G. Hogan

Family Members: M. Ferrari, D. Ferrari, Stefani Pedone, Sara Tripodi, Franz family, Kathleen McGee
(Harry's daughter), Cheyenne Travers; Margherita Iacono (Rosellina's mom); Jan Parker;
Ron Pihokker; Ken Farkas; Josephine Cavallo; Ryan L.; Jim Riehl.

Apostolate of Prayer: Please pray for those on the [PRAYER LIST](#) and for their intentions.

Statue of Our Lady: Sept. Alessandra Panuccio; Oct.: Josephine Cigna; November: Frank Cavallo;
December Domenica Panuccio

BIRTHDAYS: Sept. 4: Bro. Miguel; 12: Domenica Panuccio; 11: Maureen Menakis;
18: Angela Mariniello 21: Harry Henky; October 4: Diane Menditto & Fr. Francisco; 22: Pat Moclaire;
28: Tony Buda

Correspondence: A big thank you from Bro. Bruce, OFM, for our donation of gift cards for the
children in the southwest mission schools. Request for Ad for parish dinner dance. Thank you for T-
shirt donation.

Mark Your Calendar:

September 16-17: Regional Retreat on Zoom-- Fr. John Gordon, OFS, on the Eucharist.
Registration soon. \$10 donation per person. (See registration sheet at end of Cord)

October 1: Blessing of the Animals

October 3: Transitus of St. Francis. Our fraternity will host the refreshments.

October 4: Feast of St. Francis—Special bilingual Mass (Bishop Elias Lorenzo, OSB, celebrant)
and reception to follow



Apostolate of Prayer list September, 2022

Holy Father's Prayer intentions for September: *For the abolition of the death penalty:*

We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.

Afghanistan all intentions	Pope Francis	Hank Meditz (Liz)	Baby Sam.
Dianne Ambrose	Franz Family	Fr. Meena (Sp. Int)	Josephine Savino
Aspirants, Inqs & Candidates	Pat Franz	Diane Menditto (sp. Int.)	San Damiano Frat. Ints.
Beacon friars	FRAZZA FAMILY INTS.	Middle Eastern Christians	Fred Schaeffer, OFS
Pope Emeritus Benedict XVI	Mrs. Fusco (Dawn)	MILITARY: LIVING & DECEASED	Andrew Shontz.
Bishop Rolando (Nicaragua)	Gabriel	Barbara Miller (mother)	Monica Smith..
+Bernadette Bittner (Mary)	Jean Garofalo	Ministry of Caring	John & Mary Smythe.
Zoila Blacio	+James Michael Geiger (Joan)	Misty's ints.	Bro. Doug Soik, OFM Cap.
Pete Blake.	Genaro and Alicia	Pat Moclaire (Sp. Int.)	Frank Spina
BLESSING BOARD INTS.	Carol Gentile	MOG lapsed and excused	SPIRITUAL FIGURES/LEADERS
BOYCE FAMILY INTS.	GEORGE FAMILY INTS.	Mother Seton Grp. Ints.	St. Anne's Frat. Ints.
BROS. & SISTS. OF PRAYER	Fr. Giles	MS intentions	St. Francis Youth
Carmela Barbieri Buda.	Denise Goodman	Bill and Anne Mulqueen	St. Anthony of Padua Frat Ints
Laura Buda	Baby Grady E.	Nancy	St. Joan of Arc OFS Region
Silvio Buda & Family.	Gretchen (Sp. Int.)	NEC	St. John Vianney frat.
Elaine Buscemi	Linda & Tim Griffith	NEC intentions	St. Jos. Maint. Dept.
Ralph Calise (Linda)	Izzy Guadalupe	Fr. Nick (sp. Int.)	St. Thomas More Frat. ints.
Pat Cantelmo	Carlos & Rosa Guerrero	NFC	Jen Stepanek.
Castaneda Family	Hank's intentions	James & Lola Norton Fam.	St. Joan of Arc Region
Frank Cavallo	Elaine Hedtke	OLA Region	St. John Vianney intents.
Josephine Cavallo (family)	Harry Henky & Rosemarie	OLGEA prayer line ints. & REC	Lucy Stamilla
Rose Cincotta..	Ralph & Frances Henry.	John O'Grady	Stigmata Prov Council & friars
Church in Nicaragua	Holy Name Resp. Care Dept.	Brian & Lynn Ortale Fam..	Tara Suplicki
Lucille Clapps	The Homeless & the Lonely	PAGE FAMILY INTENTIONS	Syrian Christians and churches
Colleen.	Hospital Intentions	Padre Pio Friary friars	Mary Anne T.
Lynn Collins	Kevin Howes	Padre Pio Pr. Grps. Int.	Tau Cross Region (all ints.)
Joe Coralluzzo's ints.	Hurr, flood, storm and earthq victs	Diane Palazzone	Cheyenne Travers
All Covid 19 intentions	Immigrant & refugee children	Marie Palazzone	Eileen Travers
Denise Cubita	Rose Ingoglia	Helen Parciasepe	Gary Travers
Sara (Rosa) Daddario (Pam)	IPRAY INTENTIONS	Jan Parker	Silvio & Rachel Travia Family.
Donna Barardo Daly	Iraqi and Coptic Christians	Paul and Sean (sp. int.)	Sara Tripodi
Mary Damiano (family)	Jill	PEACE	William Turner Family.
May D'Arminio	Justin (Sp. Int.)	Serafina & Stefani Pedone	Ukraine (all intentions)
Deacon Joe's group int.	Kate (sp. int.)	Josephine Pedulla.	Anthony Vasile
Deceased family members	Kate Kleinert	Ron Pihokker	Marie Vasta (All intentions)
Demas Family.	Mary Jane Koisti	Alejandro Polanco	Vicki (Kate)
Eleanor DeRiso	Rob Koisti	Joe Polifrone	Victims of abuse
Mark Diverio	Richard Kunzweiler	POOR CLARE prayer list	Victims of fires, floods, storms
Sue Diverio (Mom and fam)	Ryan L.	Pope Francis	Victims of gun violence
Divine Mercy Fraternity Ints.	Fr. Brian Laffler & wife	PRIESTS, FRIARS & SISTERS	Victims of terrorism
Dolores's Intentions	Lapsed OFS members	PUBLIC FIGURES	Victims of violence & hatred
Bro. Alex Escalera, OFM Cap.	Muriel Lechenbusch	Q committee	Vocations
Dawn Farkas	Alice LeForest	Regina Pacis (all ints.)	Bill & Carmel Watson Fam.
Ken Farkas	Licamelli Family intentions	Region sp. Int.	Willie and family
Edwin Fehrs.	Rosemary LoCascio	Jimmy Riehl	Eleanor Wojciechowski
Ethan Fehrs	Lois	Ada Rivera's intentions	Anna Z.'s sp. intentions
FB friends	Bro. Lombardo (sp. Int.)	RJ (family)	
Ferraras	Madge (Sp. intention)	Leah Cuiuli Roger.	
Karen Ferrari (sp. int.)	Carl Magnifico (Kathy and fam.)	Roman Catholic Church	
FERRARI FAM. INTENTIONS	Dcn Joe Mantineo (Misty & Lisa)	Ron (Sp. int)	
Maria Ficken	Angie Mariniello	Ronnie Romano	
Bob Fitzsimmons (Patty)	Elide Marino	Jerry & Madeline Rousseau	
Flora's intentions	Jackie Marlow.	Jack S.	



For Your Information

Ceremony of Introduction and Welcoming

The ceremony of Introduction and Welcoming marks the entry of a new seeker into the period of Inquiry. It is short and simple with the new Inquirers introducing themselves to the fraternity and the fraternity welcoming them. New inquirers receive a biography of St. Francis which they will read and discuss during their time of Inquiry. **Welcome to Josephine, our newest Inquirer!**

Emergency T-Shirt Drive

Our fraternity (and our region) received an emergency request from a Capuchin brother who has spent many years working with Secular Franciscans. His province runs a shower/food program for the poor in Milwaukee. Each person can take a shower, have a meal and do laundry. They also provide a clean t-shirt if needed. They ran out of t-shirts! Our fraternity used the money in "Good and Welfare" to purchase 72 new t-shirts. We have already received thanks from the program coordinator. Let's replenish the Good and Welfare fund so we can be ready for the next emergency request!

Book Club

Our next Book Club will be on Zoom on **Thursday, September 15th at 7 PM**. We will be discussing **Chapter 4 "Poverty."** Members of the book club will receive an email with the Zoom link and other details. We are back after "Summer Vacation!"

Zoom (only if necessary)

If the Covid (or weather) situation is difficult in any month, the Council will make a decision about whether or not we will meet on Zoom. **If there are any changes to our meeting schedule, you will be notified to follow instructions on page 1.**

Upcoming

- **October:** Gretchen will give a talk on Angels
- **November:** (tentative) Mass for our deceased members
- **December:** Family Dinner

Don't forget:

Regional Retreat on Zoom September 16-17th (Registration form included with Cord)

Transitus of St. Francis on October 3rd and the **Feast of St. Francis** on October 4th!

Fraternity Brunch: June 25, 2023

Stigmata of St. Francis

+St. Francis received the Stigmata on September 17th in 1224, two years before his death.

+He was praying on Mt. LaVerna

+He asked for two gifts: to experience Christ's suffering on the cross and the love he felt for us.

+St. Francis is the first person in recorded Christian history to receive the Stigmata.

+Wish our friars a happy feast day. Their province is named after the Sacred Stigmata.



Artist--Sister Victoria Masil of Franciscan Sisters of Christian Charity

View all Formation Fridays

<https://www.dmf-ofs.org/>

<https://jdpofs.org/resources/formation-fri/>

Treasurer's Report

Common Fund	Good and Welfare	Fair Share
Balance forward: \$1007.31	Balance forward: \$193.75	Our goal for 2022-23 is based on 31 professed and candidates
Income: 20.00*	Donations in August: \$16.00	Goal: 31 x \$45= \$1395.00
Cash for gift cards 100.00	July Balance \$209.75	Current Fair Share Balance: \$915.00
Expenses - 50.00**		Donations:
Ending balance \$ 977.31		Transfer from Common Fund: \$50=\$965

*Fraternity common fund donations
**Transfer to Fair Share

Professed and Candidates:

You may donate toward 2022 **Fair Share** at any time! (See Rosellina)

This Month: The Fruits of the Holy Spirit

The Fruits of the Spirit exemplified in our Rule

When we are baptized, we receive the gifts of the Holy Spirit. These gifts are strengthened at our Confirmation. When we are professed as Secular Franciscans, we further strengthen our Baptismal Promises. As a result of the gifts of the Spirit (wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord), we are able to demonstrate the fruits of the Spirit (love, joy, peace, patience, kindness, goodness, long-suffering, mildness, faith, modesty, self-restraint, and chastity.) By living our rule, we hope to exemplify these fruits in everything we do in our daily lives.

Our Rule

- Spells out the way the Spirit wishes us to do God's will
 - Tells us how God desires us to live
- Faithfulness to the Rule and Constitutions helps us to build up God's Kingdom (as we are called to do through our Baptism).

For your consideration—the Fruits of the Spirit and our Rule

First of all—Articles 4, 14 and 19 ask us to be **open to the action of the Holy Spirit**

Love: Articles 5, 13, and 18 : +We are asked to encounter the living person of Christ in one another and to be mindful that **all creatures bear the “imprint of the Most High.”**

Joy: Articles 13 and 19: +We are reminded that a sense of **community makes us joyful and that we are “Messengers of perfect joy in every circumstance...”**

Peace: Articles 17 and 19: +We are reminded that we are **“bearers of peace”** and that we should **“cultivate peace.”**

Patience: Articles 7 and 10: +We seek conversion each day (metanoia) as we place ourselves in the hands of the Father.

Kindness: Articles 13 and 14: +With a **“gentle and courteous spirit”** we accept “all people as a gift of the Lord and an image of Christ.”

Goodness: Articles 13 and 14: + “Secular Franciscans, together with all **people of good will**, are called to **build a more fraternal and evangelical world...**”

Long-suffering: Articles 10 and 19: + **We follow the “poor and crucified Christ**, witness to him even in difficulties and persecutions.”

Mildness: Articles 9 and 11: +We live in the **“spirit of the Beatitudes.”**

Faith: Articles 4, 5, 10 and 14: +**We express our faith in Jesus:** “Christ, the gift of the Father's love, is the way to him, the truth into which the Holy Spirit leads us, and the life which he has come to give abundantly.”

Modesty: Article 11: +We **“purify our hearts from every tendency and yearning for possession and power.”**

Self-restraint: Article 11, 12: +We **“acquire purity of heart”** in order to **“set ourselves free”** in order to “love God and our brothers and sisters.”

Chastity: Articles 6, 12: +We follow the teachings of the Church, “...devote themselves energetically to **living in full communion with the pope, bishops, and priests,...”**

For discussion

- +When people look at you, which fruits of the Holy Spirit are evident? Give an example.
- +How does our Rule help you to demonstrate these fruits of the Spirit?
- +Which of the fruits of the Spirit are difficult for you to manifest? Can you pinpoint why that might be?

Evening Prayer September 8, 2022, Thursday of the Twenty-Third Week in Ordinary Time

LEADER: God, + come to my assistance. **ALL:** – Lord, make haste to help me.

LEADER: Glory to the Father, and to the Son, and to the Holy Spirit:

ALL: – as it was in the beginning, is now, will be for ever. Amen. Alleluia.

Hymn: Hail Holy Queen Enthroned Above

Hail, holy Queen enthroned
above, O María.
Hail, Queen of mercy and of
love, O María.
Triumph, all ye Cherubim;
Sing with us, ye Seraphim.
Heav'n and earth resound the
hymn:
Salve, Salve, Salve, Regina.

LEADER: Ant.1 The Virgin Mary came forth from the root of Jesse, and the Spirit of the Most High came to dwell in her heart.

Psalm 122

Side I

Side II

I rejoiced when I heard them say: * "Let us go to God's house." And now our feet are standing * within your gates, O Jerusalem.	Jerusalem is built as a city * strongly compact. It is there that the tribes go up, * the tribes of the Lord.
For Israel's law it is, * there to praise the Lord's name. There were set the thrones of judgment * of the house of David.	For the peace of Jerusalem pray: * "Peace be to your homes! May peace reign in your walls, * in your palaces, peace!"
For love of my brethren and friends * I say: "Peace upon you." For love of the house of the Lord * I will ask for your good.	
Glory to the Father, and to the Son, * and to the Holy Spirit:	as it was in the beginning, is now, * and will be for ever. Amen

Leader: When you rose from the dead, Lord Jesus, you formed the Church into your new body, and made of it the new Jerusalem, united in your Spirit. Give us peace in our day. Make all nations come to your Church to share in your gifts in fellowship, that they may render you thanks without end and come to your eternal city.

ALL: The Virgin Mary came forth from the root of Jesse, and the Spirit of the Most High came to dwell in her heart.

LEADER: Ant. 2 Today we commemorate the birth of the Virgin Mary. God saw her beauty and visited her in her lowliness.

Psalm 127

Side I

Side II

If the Lord does not build the house, * in vain do its builders labor; if the Lord does not watch over the city, * in vain does the watchman keep vigil.	In vain is your earlier rising, * your going later to rest, you who toil for the bread you eat, * when he pours gifts on his beloved while they slumber.
Truly sons are a gift from the Lord, * a blessing, the fruit of the womb. Indeed the sons of youth * are like arrows in the hand of a warrior.	O the happiness of the man * who has filled his quiver with these arrows! He will have no cause for shame * when he disputes with his foes in the gateways.
Glory to the Father, and to the Son, * and to the Holy Spirit:	as it was in the beginning, is now, * and will be for ever. Amen.

LEADER: Psalm Prayer: You command the seed to rise, Lord God, though the farmer is unaware. Grant that those who labor for you may trust not in their own work but in your help. Remembering that the land is brought to flower not with human tears but with those of your Son, may the Church rely only upon your gifts.

All: Ant. 2 oday we commemorate the birth of the Virgin Mary. God saw her beauty and visited her in her lowliness.

LEADER: Ant. 3 Blessed and worthy of our praise is the holy Virgin Mary, the Mother of God. We celebrate her birth, that she might intercede for us before the Lord.

Canticle Ephesians 1:3-10 Side I	Side II
Praised be the God and Father * of our Lord Jesus Christ who has bestowed on us in Christ * every spiritual blessing in the heavens.	God chose us in him * before the world began to be holy * and blameless in his sight.
He predestined us † to be his adopted sons through Jesus Christ, * such was his will and pleasure, that all might praise the glorious favor * he has bestowed on us in his beloved.	In him and through his blood, we have been redeemed, * and our sins forgiven, so immeasurably generous * is God's favor to us.
God has given us the wisdom * to understand fully the mystery, the plan he was pleased * to decree in Christ.	A plan to be carried out in Christ, * in the fullness of time, to bring all things into one in him, * in the heavens and on earth.
Glory to the Father, and to the Son, * and to the Holy Spirit:	as it was in the beginning, is now, * and will be for ever. Amen.

ALL: Blessed and worthy of our praise is the holy Virgin Mary, the Mother of God. We celebrate her birth, that she might intercede for us before the Lord.

READING: Romans 9:4-5

READER: To the Israelites belonged the adoption, the glory, the covenants, the law-giving, the worship, and the promises; theirs were the patriarchs, and from them came the Messiah (I speak of his human origins). Blessed forever be God who is over all! Amen.

RESPONSORY

READER	ALL
Hail Mary, full of grace, the Lord is with you.	– Hail Mary, full of grace, the Lord is with you.
Blessed are you among women and blessed is the fruit of your womb.	– The Lord is with you.
Glory to the Father, and to the Son, and to the Holy Spirit.	– Hail Mary, full of grace, the Lord is with you.

GOSPEL CANTICLE Canticle of Mary Luke 1:46-55

LEADER: Ant. Let us commemorate the illustrious birth of the glorious Virgin Mary, for the Lord has looked with favor on his lowly servant. He sent his angel to announce to her that she would conceive the Savior of the world..

SIDE 1	SIDE 2
My + soul proclaims the greatness of the Lord, † my spirit rejoices in God my Savior * for he has looked with favor on his lowly servant.	From this day all generations will call me blessed: † the Almighty has done great things for me, * and holy is his Name.
He has mercy on those who fear him * in every generation.	He has shown the strength of his arm, * he has scattered the proud in their conceit.
He has cast down the mighty from their thrones, * and has lifted up the lowly.	He has filled the hungry with good things, * and the rich he has sent away empty.
He has come to the help of his servant Israel * for he has remembered his promise of mercy, the promise he made to our fathers, * to Abraham and his children for ever.	Glory to the Father, and to the Son, * and to the Holy Spirit:
as it was in the beginning, is now, * and will be for ever. Amen.	

ALL: Let us commemorate the illustrious birth of the glorious Virgin Mary, for the Lord has looked with favor on his lowly servant. He sent his angel to announce to her that she would conceive the Savior of the world.

INTERCESSIONS

Leader: Let us praise God our Almighty Father, who wished that Mary, his Son's mother, be celebrated by each generation. Now in need we ask: *ALL: Mary, full of grace, intercede for us.*

READER: O God, worker of miracles, you made the Immaculate Virgin Mary share body and soul in your Son's glory in heaven, **ALL:** – direct the hearts of your children to that same glory.

READER: You made Mary our mother. Through her intercession grant strength to the weak, comfort to the sorrowing, pardon to sinners, **ALL:** – salvation and peace to all.

READER: You made Mary full of grace, **ALL:** – grant to all men and women the joyful abundance of your grace.

READER: Make your Church of one mind and one heart in love,
ALL: – and help all those who believe to be one in prayer with Mary, the mother of Jesus.

READER: You crowned Mary queen of heaven, **ALL:** – may all the dead rejoice in your kingdom with the saints for ever.

Leader: (Gathering our prayers and praises into one, let us offer the prayer Christ himself taught us:)

ALL: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

LEADER: CONCLUDING PRAYER

Father of mercy,
give your people help and strength from heaven.
The birth of the Virgin Mary's Son
was the dawn of our salvation.
May this celebration of her birthday
bring us closer to lasting peace.
Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
God, for ever and ever.
– Amen.

FATHER: The Lord be with you.
– And with your spirit.

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
– Amen.

OR →

ALL: May the Lord + bless us,
protect us from all evil
and bring us to everlasting life.
– Amen.

Secular Franciscan Order
Our Lady of the Angels Regional Fraternity
Annual Retreat

September 16-17, 2022
Presented Online via Zoom

**St. Francis and His Love of the
Eucharist**
and how we can imitate that love



Presented By
Fr. John Gordon, OFS



Our retreat will be held online again this year due to the pandemic.
We will begin on Friday evening
We will continue on Saturday with presentations by Fr. John.

You can attend through your computer, tablet, or phone. You do not need internet or a smart phone. You can call in using your regular landline or cell phone.

**Pre-registration is required. Reservation deadline: September 10, 2022.
Registration limited to 100 people.**

Retreat Registration form: September 16-17, 2022

Please check: I am ____professed I am in ____initial formation

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ (Please give the number you will use if you are planning to call in.)

Email: _____

Fraternity: _____ Fraternity City: _____

Send completed registration form with \$10.00 check made payable to:

“Our Lady of the Angels Regional Fraternity”

to: Debbie Wickham, OFS, 16 Old Woodstock Trail, Oak Ridge, NJ 07438