

## The Council

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## The Cord

St. Francis Fraternity  
Hackensack, NJ



**★ NO IN-PERSON GATHERING THIS MONTH ★**  
**FRATERNITY GATHERING ON ZOOM**

On Thursday, January 13, 2022 at 7:00 PM

This Month: Examine Our Commitment (See page 3)

✓ **Due to the surge of Covid in NJ, we have decided to be very cautious and have our January gathering on Zoom. It will be just like what we did all last year. You can join on your computer or tablet or by phone.**

**At 7PM on January 13<sup>th</sup>, click on the link in the email you received, or call in by phone 646-876-9923. When they ask for the meeting ID enter 844 7503 0844 followed by #. When the call connects, please say your name so that we know you are present!**

**Evening Prayer:** *(Please check carefully pages 5-8 to see if you have been assigned to read.)*  
If you can't be with us, please pray Evening Prayer at home.  
Be sure to call or email for an excused absence.

**Closing Prayer:** Vivian Isaac

**Sweet Reminder:** No sweet reminder (Eat a cookie at home!)

**Health and Welfare:** Karen Ferrari and fam; Polanco fam.; Jim & Eileen Ferrara; Pat Franz; Harry Henky; Rosemary LoCascio; Angie Mariniello; Anthony Vasile; Cono Spinelli & Fam.; Iris Campillo, Trudy Gassenheimer; Laura Buda; Diane Menditto; Migdania Polanco

**Special Intentions:** F. Cavallo; Tumminia family; T. Gassenheimer; K. Ferrari; Pat Moclair; Diane Menditto; Gretchen Hogan

**Family Members:** M. Ferrari, D. Ferrari, Fr. Damian, Stefani Pedone, Joe Savoia, Sara Tripodi, Franz family, Kathleen McGee (Harry's daughter), Cheyenne Travers; Silvio Buda; Margherita Iacono (Rosellina's mom); Jan Parker; Ron Pihokker; Tony's cousin Anthony; Ken Farkas; Liz Cox

**Apostolate of Prayer:** Please pray for those on the [PRAYER LIST](#) and for their intentions.

**Statue of Our Lady:** Tony and Laura please keep the statue for January. **February:** Rosellina

**BIRTHDAYS:** January 7: Lucy Stamilla; 20: RON Romano; 27: Ed Atwood; February 10: Eileen Ferrara; 24: Karen Ferrari

**Correspondence:** We received Thanksgiving and Christmas cards from Bro. Lombardo and Bro. Doug. They both send blessings and prayers and thank you for your prayers.

**Calendar:**

**"Winter Project"  
for the Shelter in  
Hackensack**

**ON HOLD!**

The shelter will once again be accepting **NEW hats, gloves, scarves and socks** for use by residents.

We will be collecting these items from now until March.



**Apostolate of Prayer list January 2022**  
**For all those affected in any way by the Corona Virus, we pray to the Lord...**

**Please keep our Aspirants and Inquirers in your prayers**

**Holy Father's Prayer intentions for January: *For true human fraternity*** - We pray for all those suffering from religious discrimination and persecution; may their own rights and dignity be recognized, which originate from being brothers and sisters in the human family.

Afghanistan all intentions	Maria Ficken	Bro. Lombardo (sp. Int.)	Regina Pacis (all ints.)	Vocations
Dianne Ambrose	Flora's intentions	Madge (Sp. intention)	Region sp. Int.	Bill & Carmel Watson Fam.
Aspirants, Inqs & Candidates	Pope Francis	Carl Magnifico (Kathy and fam.)	Ada Rivera's intentions	Father Matthias Wesnofske, OFM Cap.
Beacon friars	Franz Family	Dcn Joe Mantineo (Misty)	RJ (family)	Joseph R. Wickham (Joe and family)
Pope Emeritus Benedict XVI	Pat Franz	Angie Mariniello	Leah Cuiuli Roger.	Willie and family
Zoila Blacio	FRAZZA FAMILY INTS.	Jackie Marlow.	Roman Catholic Church	Eleanor Wojciechowski
Pete Blake.	Gabriel	John McHugh	Ron (Sp. int)	Victor York
BLESSING BOARD INTS.	Daisy Gallardo	Hank Meditz	Rondi	Anna Z.'s sp. intentions
BOYCE FAMILY INTS.	Jean Garofalo	Fr. Meena (Sp. Int)	Dennis Ross	
Jim Brennan	Trudy Gassenheimer	Diane Menditto (sp. Int.)	Jerry & Madeline Rousseau	
BROS. & SISTS. OF PRAYER	Genaro and Alicia	Middle Eastern Christians	Jo-Ann S.	
Carmela Barbieri Buda.	Carol Gentile	MILITARY: LIVING & DECEASED	Mary S.	
Laura Buda	GEORGE FAMILY INTS.	Barbara Miller	Baby Sam.	
Silvio Buda & Family.	Vincent & Maria Giambona, Sr.	Ministry of Caring	San Damiano Frat. Ints.	
Anthony Buda (Tony's cousin)	Fr. Giles	Misty's ints.	Fred Schaeffer, OFS	
Elaine Buscemi	Denise Goodman	Pat Moclair ( Sp. Int.)	Ann Schellinger, OFS	
Pat Cantelmo	Nance Gorni	MOG lapsed and excused	Andrew Shontz.	
Mary Carol C.	Gretchen (Sp. Int.)	Mother Seton Grp. Ints.	Monica Smith..	
Josephine Cavallo (family)	Linda & Tim Griffith	MS intentions	John & Mary Smythe.	
Rose Cincotta..	Izzy Guadalupe	Bill and Anne Mulqueen	Frank Spina	
Lucille Clapps	Carlos & Rosa Guerrero	Nancy	SPIRITUAL FIGURES/LEADERS	
Claudia's intentions	Haiti	NEC	St. Anne's Frat. Ints.	
Fr. Damian Colicchio	Hank's intentions	NEC intentions	St. Francis Youth	
Colleen.	Elaine Hedtke	Fr. Nick (sp. Int.)	St. Anthony of Padua Frat Ints	
Lynn C.	Harry Henky & Rosemarie	NFC	St. Joan of Arc OFS Region	
Concetta (Barbara)	Ralph & Frances Henry.	James & Lola Norton Fam.	St. John Vianney frat.	
Joe Coralluzzo's ints.	Don Hill (wife).	OLA Region	St. Jos. Maint. Dept.	
All Covid 19 intentions	Holy Name Resp. Care Dept.	OLGEA prayer line ints. & REC	St. Thomas More Frat. ints.	
Denise Cubita	The Homeless & the Lonely	Brian & Lynn Ortale Fam..	Jen Stepanek.	
Sue D.	Hospital Intentions	Baby Owen (parents)	St. Joan of Arc Region	
Sara (Rosa) Daddario (Pam)	Dell Howes	PAGE FAMILY INTENTIONS	St. John Vianney intents.	
Donna Barardo Daly	Hurr, flood, and earthquake victs	Padre Pio Friary friars	Lucy Stamilla	
Mary Damiano (family)	Immigrant & refugee children	Padre Pio Pr. Grps. Int.	Stigmata Prov Council & friars	
May D'Arminio	Rose Ingoglia	Diane Palazzone	Tara Suplicki	
Deacon Joe's group int.	IPRAY INTENTIONS	Marie Palazzone	Syrian Christians and churches	
Demas Family.	Iraqi and Coptic Christians	Helen Parciasepe	Tau Cross Region (all ints.)	
Mark Diverio	Jill	Jan Parker	Cheyenne Travers	
Divine Mercy Fraternity Ints.	Jim	Paul and Sean (sp. int.)	Eileen Travers	
Dolores's Intentions	Justin (Sp. Int.)	PEACE	Gary Travers	
Dorcas and Woody	Clara K. and family	Serafina & Stefani Pedone	Silvio & Rachel Travia Family.	
Bro. Alex Escalera, OFM Cap.	Kate (sp. int.)	Josephine Pedulla.	William Turner Family.	
Ken Farkas	Richard Kunzweiler	Ron Pihokker	Anthony Vasile	
Edwin Fehrs.	Lapsed OFS members	Joe Polifrone	Marie Vasta (All intentions)	
Ethan Fehrs.	Muriel Lechenbusch	POOR CLARE prayer list	Vicki (Kate)	
FB friends	Alice LeForest	Pope Francis	Victims of abuse	
Ferraras	Licamelli Family intentions	PRIESTS, FRIARS & SISTERS	Victims of fires, floods, storms	
Karen Ferrari (sp. int.)	Rosemary LoCascio	PUBLIC FIGURES	Victims of terrorism	
FERRARI FAM. INTENTIONS	Lois	Q committee	Victims of violence & hatred	



# *This Month: Time to Examine our Commitment*

What can I do to make some beneficial changes in my attitude about fraternity and fraternal life?

1- Prayerfully participate in electing and supporting my local Council.

- Pray for them every day.
- Use my God-given talents to collaborate on and assist with all projects.

+What are some ways I can support my Council?

+Do I have talents and abilities that call me to serve on the Council?

2- Love my fraternity

- Be present at gatherings. (Unless I am excused)
- Listen to my brothers and sisters.
- Offer to help out.
- Reach out to excused members or to anyone who has missed a meeting. (Phone, email, card).
- Pray for our deceased members and for all those listed on our prayer list.
- Take note that for Franciscans, fraternity is a way of life (not just another “thing to do”).

+What talents do I have to offer my fraternity?

+Do I participate willingly in fraternity activities?

3- Love our Rule

- Be sure that I am aware of what I promised at profession.
- Read, pray and meditate on the Rule—perhaps one or two articles each day.
- Think about how the Rule leads me closer to Christ.

+When was the last time I read the Rule?

+Do I make the effort to relate the Rule to my everyday life?

4- Love Scripture

- Be aware that St. Francis based everything he said or wrote on Scripture.
- Resolve to read a little Scripture each day.
- Pray the Liturgy of the Hours because it helps me pray in fraternity (with the entire Church) and is filled with Scripture.

+Do I read Scripture each day? (How can I make time to do this?)

+Do I go from Gospel to life and life to the Gospel? (Do I understand what that means? How would I explain it to someone new or to a non-Secular Franciscan?)

5- Strive for daily conversion

- Attempt to be a little better each day.
- Make use of the Sacrament of Reconciliation.
- Remember that we are the “Brothers and Sisters of Penance.”

+Do I review my actions and relationship with God each day?

+How have I changed since I first became a Franciscan? How have I changed since last week?

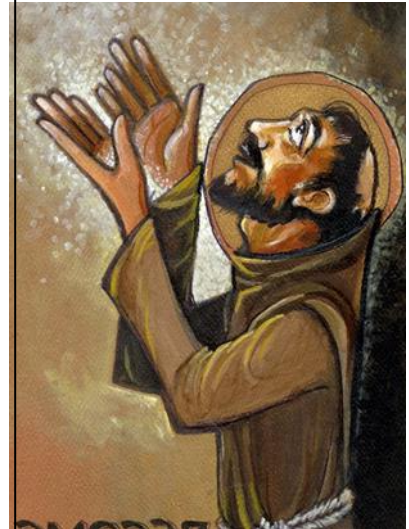
6- Love the Eucharist and be changed by it

- Attend Mass on Sundays and Holy days and every day if I can
- Take advantage of opportunities for Adoration—holy hours or just a visit to the tabernacle

+What is my relationship to Jesus in the Eucharist?

+Do I often visit with Jesus when there is an opportunity to attend Adoration?

*"Conversion:  
the letting go  
of one's ego.."  
Murray Bodo, OFM*



*Artist--Sister Victoria Masil of  
Franciscan Sisters of  
Christian Charity*

# For Your Information

- Please be sure to read page 3 and think about the questions. We will use them for our discussion.
- Please check the Evening Prayer pages 5-8 to see if you have been assigned a part to read. Only
- If the Covid situation is still bad in February, the Council will make a decision about whether or not we will meet again on Zoom.
- Last month, on pages 7-8 of the Cord we printed the text of the short talk Pope Francis gave to the International Chapter of the Secular Franciscans on November 15, 2021. Please take some time to read it and pray with its message before our gathering. It will be an important part of our gathering this month.
- Our collection of hats, gloves, socks, and scarves for the shelter will continue in February.



Mrs. Jones got a little too used to watching online worship from home.

## Treasurer's Report

### Common Fund

Balance forward: \$ 1052.71  
 Income: 460.00\*  
 Expenses \$ 484.00\*\*  
 Ending Balance \$ 1,028.31

\*Donations, raffle, common fund  
 \*\*Dinner expenses, Christmas gift to parish,

### Good & Welfare

Previous balance: \$ 285.75  
 Fraternity Donations 33.00  
 Donation: St. Francis Food  
 Pantry \$150.00  
 New balance: \$168.75

### Fair Share

For **2021-22** our goal will be based on  
 30 professed

**30 x \$45=\$1350**

We have reached our goal for 2021  
 Fair Share **\$1,350.00**

You may begin donating  
 toward 2022 Fair Share at  
 any time! (See Tony)

**LEADER:** God, + come to my assistance.      **ALL:** – Lord, make haste to help me.

**LEADER:** Glory to the Father, and to the Son, and to the Holy Spirit:

**ALL:** – as it was in the beginning, is now, will be for ever. Amen. Alleluia.

Hymn (Listen to the hymn [CHRIST BE OUR LIGHT](#))

**LEADER:** Ant. 1 I cried to you, Lord, and you healed me; I will praise you for ever.

Psalm 30

I

II

<p><b>DOMENICA:</b> I will praise you, Lord, you have rescued me * and have not let my enemies rejoice over me.</p>	<p><b>LUCY:</b> O Lord, I cried to you for help * and you, my God, have healed me. O Lord, you have raised my soul from the dead, * restored me to life from those who sink into the grave.</p>
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<p><b>DOMENICA:</b> Sing psalms to the Lord, you who love him, * give thanks to his holy name. His anger lasts but a moment; his favor through life. * At night there are tears, but joy comes with dawn.</p>	<p><b>LUCY:</b> I said to myself in my good fortune: * “Nothing will ever disturb me.” Your favor had set me on a mountain fastness, * then you hid your face and I was put to confusion.</p>
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<p><b>DOMENICA:</b> To you, Lord, I cried, * to my God I made appeal: “What profit would my death be, my going to the grave? * Can dust give you praise or proclaim your truth?”</p>	<p><b>LUCY:</b> The Lord listened and had pity. * The Lord came to my help. For me you have changed my mourning into dancing, * you removed my sackcloth and clothed me with joy. So my soul sings psalms to you unceasingly. * O Lord my God, I will thank you for ever.</p>
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<p><b>DOMENICA:</b> Glory to the Father, and to the Son, * and to the Holy Spirit:</p>	<p><b>LUCY:</b> as it was in the beginning, is now, * and will be for ever. Amen.</p>
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**LEADER:** Psalm Prayer: God our Father, glorious in giving life, and even more glorious in restoring it, when his last night on earth came, your Son shed tears of blood, but dawn brought incomparable gladness. Do not turn away from us, or we shall fall back into dust, but rather turn our mourning into joy by raising us up with Christ.

**ALL:** I cried to you, Lord, and you healed me; I will praise you for ever.

LEADER: Ant. 2 The one who is sinless in the eyes of God is blessed indeed

Psalm 32

<p><b>ROSELLINA:</b> But now I have acknowledged my sins; * my guilt I did not hide. I said: "I will confess * my offense to the Lord." And you, Lord, have forgiven * the guilt of my sin.</p>	<p><b>MAUREEN:</b> So let every good man pray to you * in the time of need. The floods of water may reach high * but him they shall not reach. You are my hiding place, O Lord; † you save me from distress. * You surround me with cries of deliverance.</p>
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<p><b>ROSELLINA:</b> I will instruct you and teach you * the way you should go; I will give you counsel * with my eye upon you.</p>	<p><b>MAUREEN:</b> Be not like horse and mule, unintelligent, † needing bridle and bit, * else they will not approach you. Many sorrows has the wicked † but he who trusts in the Lord, * loving mercy surrounds him.</p>
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<p><b>ROSELLINA:</b> Rejoice, rejoice in the Lord, * exult, you just! O come, ring out your joy, * all you upright of heart.</p>	<p><b>MAUREEN:</b> Glory to the Father, and to the Son, * and to the Holy Spirit:</p>
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<p><b>ROSELLINA</b> as it was in the beginning, is now, * and will be for ever. Amen.</p>	
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LEADER: Psalm Prayer: You desired, Lord, to keep from us your indignation and so did not spare Jesus Christ, who was wounded for our sins. We are your prodigal children, but confessing our sins we come back to you. Embrace us that we may rejoice in your mercy together with Christ your beloved Son.

ALL: The one who is sinless in the eyes of God is blessed indeed.

LEADER: Ant. 3 The Father has given Christ all power, honor and kingship; all people will obey him.

<p><b>TONY:</b> We praise you, the Lord God Almighty, * who is and who was. You have assumed your great power, * you have begun your reign.</p>	<p><b>LAURA:</b> The nations have raged in anger, * but then came your day of wrath and the moment to judge the dead: * the time to reward your servants the prophets and the holy ones who revere you, * the great and the small alike.</p>
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<p><b>TONY:</b> Now have salvation and power come, † the reign of our God and the authority * of his Anointed One. For the accuser of our brothers is cast out, * who night and day accused them before God.</p>	<p><b>LAURA:</b> They defeated him by the blood of the Lamb † and by the word of their testimony; * love for life did not deter them from death. So rejoice, you heavens, * and you that dwell therein!</p>
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<p><b>TONY:</b> Glory to the Father, and to the Son, * and to the Holy Spirit:</p>	<p><b>LAURA:</b> as it was in the beginning, is now, * and will be for ever. Amen.</p>
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ALL: The Father has given Christ all power, honor and kingship; all people will obey him.



**ED ATWOOD: READING: 1 Peter 1:6-9**

There is cause for rejoicing here. You may for a time have to suffer the distress of many trials; but this is so that your faith, which is more precious than the passing splendor of fire-tried gold, may by its genuineness lead to praise, glory, and honor when Jesus Christ appears. Although you have never seen him, you love him, and without seeing you now believe in him, and rejoice with inexpressible joy touched with glory because you are achieving faith's goal, your salvation.

**RESPONSORY (Pam and Vivian)**

<b>PAM:</b> The Lord has given us food, bread of the finest wheat.	<b>VIVIAN:</b> – The Lord has given us food, bread of the finest wheat.
<b>PAM:</b> Honey from the rock, to our heart's content,	<b>VIVIAN:</b> – bread of the finest wheat.
<b>PAM:</b> Glory to the Father, and to the Son, and to the Holy Spirit.	<b>VIVIAN:</b> The Lord has given us food, bread of the finest wheat..

**GOSPEL CANTICLE Canticle of Mary Luke 1:46-55 The soul rejoices in the Lord**

**LEADER:** Ant. God has cast down the mighty from their thrones and has lifted up the lowly.

<b>1</b>	<b>2</b>
<b>ALESSANDRA:</b> My + soul proclaims the greatness of the Lord, † my spirit rejoices in God my Savior * for he has looked with favor on his lowly servant.	<b>GRETCHEN:</b> From this day all generations will call me blessed: † the Almighty has done great things for me, * and holy is his Name.
<b>ALESSANDRA:</b> He has mercy on those who fear him * in every generation.	<b>GRETCHEN:</b> He has shown the strength of his arm, * he has scattered the proud in their conceit.
<b>ALESSANDRA:</b> He has cast down the mighty from their thrones, * and has lifted up the lowly.	<b>GRETCHEN:</b> He has filled the hungry with good things, * and the rich he has sent away empty.
<b>ALESSANDRA:</b> He has come to the help of his servant Israel * for he has remembered his promise of mercy, the promise he made to our fathers, * to Abraham and his children for ever.	<b>GRETCHEN:</b> Glory to the Father, and to the Son, * and to the Holy Spirit: <b>ALESSANDRA:</b> as it was in the beginning, is now, * and will be for ever. Amen.

**ALL :** God has cast down the mighty from their thrones and has lifted up the lowly.

## INTERCESSIONS

**LEADER:** Our hope is in God, who gives us help. Let us call upon him, and say:

**ALL:** *Look kindly on your children, Lord.*

**DAWN:** Lord, our God, you made an eternal covenant with your people, keep us ever mindful of your mighty deeds. **ALL:** Look kindly on your children, Lord.

**DAWN:** Let your ordained ministers grow toward perfect love, and preserve your faithful people in unity by the bond of peace. **ALL:** Look kindly on your children, Lord.

**DAWN:** Be with us in our work of building the earthly city, that in building we may not labor in vain. **ALL:** Look kindly on your children, Lord.

**DAWN:** Send workers into your vineyard, and glorify your name among the nations. **ALL:** Look kindly on your children, Lord.

**DAWN:** Welcome into the company of your saints our relatives and benefactors who have died, may we share their happiness one day. **ALL:** Look kindly on your children, Lord.

## LEADER: LET US JOIN NOW IN PRAYING THE LORD'S PRAYER

**ALL:** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done on earth  
as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

## LEADER: CONCLUDING PRAYER

Father,  
you illumine the night  
and bring the dawn to scatter darkness.  
Let us pass this night in safety,  
free from Satan's power,  
and rise when morning comes  
to give you thanks and praise.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. – Amen.

**ALL: May the Lord + bless  
us,  
protect us from all evil  
and bring us to everlasting  
life.  
– Amen.**